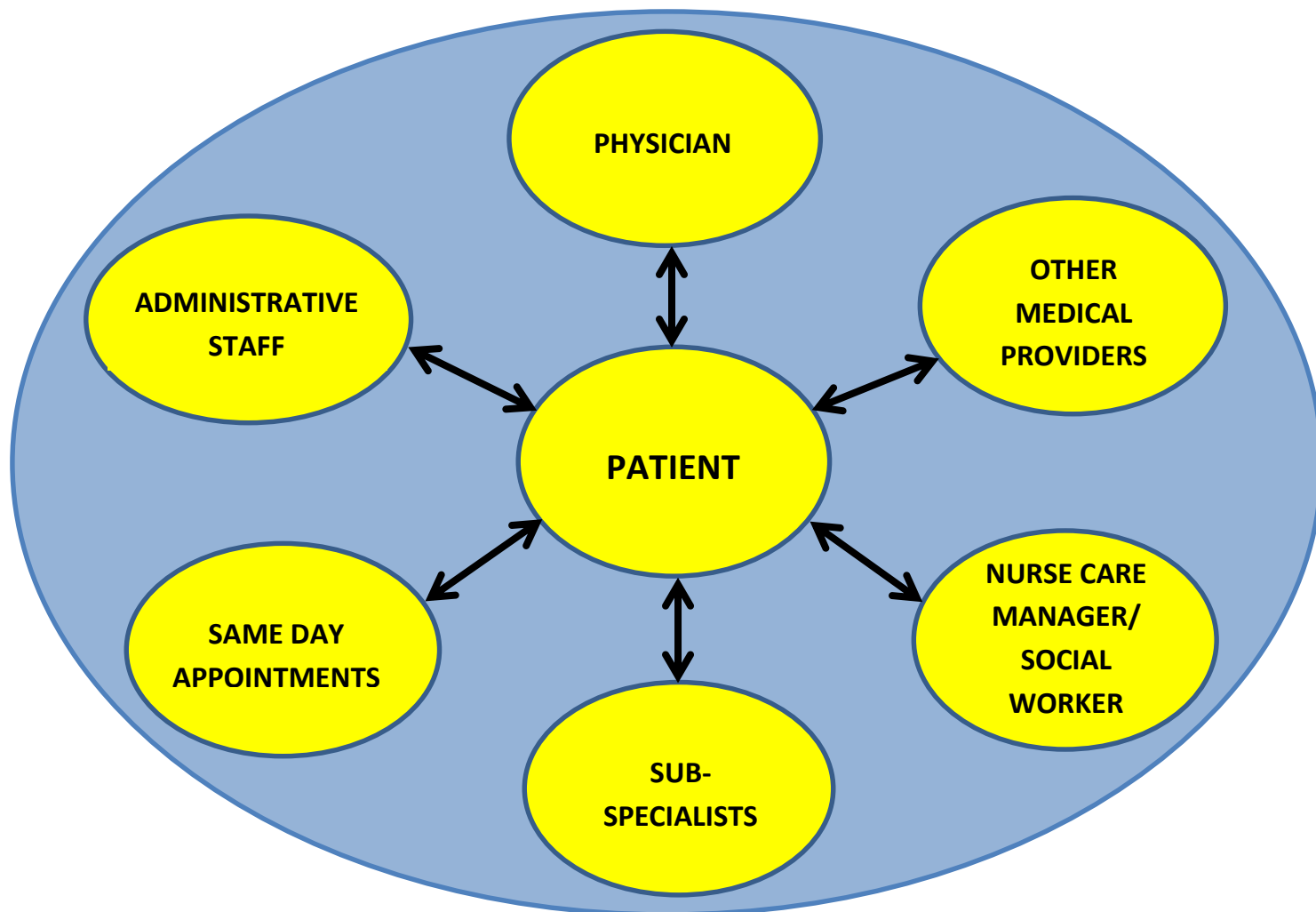


A PATIENT CENTERED MEDICAL HOME PRACTICE

YOUR HEALTH CARE TEAM



What is a Patient Centered Medical Home?

- ❖ A medical practice model that:
 - *Focuses on your needs*
 - *Works closely with you*
- ❖ Provides a team approach to healthcare
- ❖ Measures quality to maintain exceptional standards
- ❖ Provides preventive care including:
 - *Annual physical*
 - *Up-to-date immunizations*
- ❖ Age and gender appropriate tests such as lead and cholesterol screening, developmental evaluations, hearing and visual testing
- ❖ Provides educational information through methods that might include:
 - *Social Worker / Nurse Care Manager*
 - *Health Educators*
 - *Printed handouts*
 - *On-line resources*
 - *Classes on specific health topics*

What is my role in this model of healthcare?

- ❖ Provide your doctor with a complete history of:
 - *Your recent problems*
 - *Care provided by other doctors including emergency departments or specialists*
 - *Newly prescribed or over-the-counter treatments and medications*
- ❖ Follow your provider's recommendations
- ❖ Complete ordered tests, consultations or treatments
- ❖ Maintain a healthy weight and activity level
 - ❖ *Try to stop smoking*
- ❖ Schedule and keep your appointments
- ❖ Always call your doctor first before going to the Emergency Room!